

# SEABROOK SAILING CLUB YOUTH SAILING

## 2010 Safety Rules



1. Participation in the Youth Program is limited to the children of members of Seabrook Sailing Club.
2. All participants must sign in.
3. A water test must be passed by Youth sailors before being permitted in a boat.
4. Children should never be left on the Club property without parental supervision.
5. No Youth sailor may leave the shore without the permission of the Youth Instructor/Youth Committee member. All sailors leaving shore should make sure that someone on shore, at the clubhouse, is aware that they are sailing, and the approximate time they expect to return.
6. Youth sailors must wear a whistle attached to their life jackets.
7. No Youth sailor may use a Club Owned Optimist without being certified to do so.
8. Youth sailors must wear lifejackets when on the piers or on any boat.
9. Horseplay is not permitted while on the water.
10. Participation in the Youth Sailing Program may be suspended by the Instructor or Youth Committee member in charge, upon violation of any Youth Sailing or Club rules, for unsafe conduct, or for behavior that may cause personal injury or property damage.